

## STUART LINDENFIELD

---



Over the last 20 years, Stuart has coached thousands of executives to become confident networkers and get jobs they love. He is the co-author of the best-selling 'Confident Networking for Career Success', written with his wife, leading confidence expert Gael Lindenfield. He is widely recognised as a leading career management practitioner, with testimonials showing that he is seen as engaging, results-orientated & perceptive, & that his approach is highly effective at supporting the growth of his clients' self belief & their ability to clarify & achieve their career objectives

*'Stuart has made a huge contribution to the career management industry & has been a key figure in maintaining its profile. He has delivered high quality programmes.*

*To my personal knowledge he has been a great encourager to fellow professionals as well as the hundreds of career changers who have knocked at his door'.*

*John Lees, Career Coach & Strategist, business speaker & bestselling author of 15 Career books*

### BACKGROUND & EXPERIENCE

- Stuart started his career as a social worker, then moved to a second career with Vodafone, where he held executive roles in business development & corporate client satisfaction. It is here he faced his first encounter with redundancy and was introduced to career transition coaching, which was to become his third and most fulfilling career change.
- As a Career Coach, Stuart has developed a strong reputation for developing clients' self belief & resilience, enhancing their purposeful focus to maintain momentum & motivation, and improving their networking skills enabling them to unearth & seize otherwise hidden opportunities.
- Stuart is a qualified careers coach, and an accredited Strengthscope and MBTI practitioner.
- He is also licensed to administer, interpret and provide developmental feedback on a range of psychometric tools, including the industry-leading PSI Resilience Questionnaire.

### SAMPLE CLIENT LIST

- Shell
- Royal Mail
- Pfizer
- Nestle
- Zurich
- Barclays
- London and Henley Business Schools
- Honda